

8 QUESTIONS TO

CHANGE YOUR LIFE



BY LAURA NOEL

About Laura

Laura Noel is a Thinking Into Results facilitator who works enthusiastically with individuals, groups and companies to guide them in discovering and achieving their deepest goals and desires, reaching their potential and achieving their personal and professional goals. She has been studying personal growth and development for more than 20 years and she is thrilled to have turned her passion into a business that helps people live happier, healthier, more abundant lives.



Laura has excelled as a leader and member of the United States Air Force for 27 years. She was selected to serve in the top 1% of the enlisted grades and as such has had the pleasure of managing and leading a variety of organizations to include a Professional Military Education Center, providing leadership training to the enlisted force. She knows how to build successful teams that get results.

Laura is an intensely growth and goal-oriented person who is passionate about helping others fulfill their dreams. If you'd like to create the life you've been dreaming of, contact Laura by phone at (603)-689-5734 or by email, lauranoeltir@gmail.com.

1. How much has your income increased year by year over the past five years?

What's the most you've ever earned in a year? When you answer that question, I'll learn a lot about your paradigm. After all, there's a part of your mind that controls your income. Our paradigms control our life. As you'll discover in our free call, your paradigms shape your results – both the ones you like, and the ones you don't like.

2. Just close your eyes and for a moment, imagine what your ideal day would look like when you're only required to do what you love doing.

I want you to really visualize how you would like to spend your days if you had no money or time constraints. Where would you go every day? Would you be traveling or enjoying quiet time at home? Who would you be spending time with and what activities would you enjoy doing? Allow yourself to dream.

I love this quote from Bob Proctor, "If you can hold it in your mind, you can hold it in your hand." Everything is built twice; first in your mind and then in your reality. I can show you the tools to do this effectively during your free 30 minute consultation with me so I can get you pointed in the right direction.

3. What two things do you want to see happen in your life over the next twelve months, if you could have anything you want?

We are God's highest form of creation and are meant to grow, be, do and have more. The problem is when most people set goals, if they are setting a goal at all, they are not moving forward in life. On the outside, it looks like they are really busy, but really just doing more of the same. They are unfocused, overstretched and moving laterally; not forward.

Goal setting is an intellectual idea; goal achieving is a lawful process. During your free 30 minute appointment with me, you'll see in a very real way the difference.

4. If money wasn't a determining factor, how often would you take a vacation?

I want you to abandon the idea that your work schedule has to look a certain way. If time and money were not an issue, where would you go and for how long? Would you take your work mobile or totally unplug from the world for a time? Could you possibly design your work around your desired lifestyle?

When you allow yourself to truly connect with what you truly want, you will be surprised at what opportunities will show up on your doorstep and have been around all the while.

5. If today, you had unlimited funding, what 1 thing would you give back? What would be your legacy?

My mentor, Bob Proctor, says leaving people better off than when you found them is the most important key to success in life and business. Make a point to leave everyone better off than when you found them, whether it's in the grocery store, running errands or in business. You might not get the same amount of value back in that moment, but the Universe has a way of balancing things out over time.

6. Is there one particular problem that haunts you every day; something that keeps you up at night or something you are concerned or worried about?

Our results are a reflection of what's going on inside of us. If we want different results, it starts with our thoughts. Stop focusing on what you don't want and start focusing on what you do want.

7. How much would you have to earn to eliminate all financial concerns in your life?

As I've traveled around the world, I've found most people don't really want to be wealthy; they don't want the responsibility. They simply want to have liberty and freedom to buy whatever they want without having to worry about the money not being there.

If they want a new outfit, they buy it. If they want an amazing vacation, they go. If they want to invest in their personal development or take care of loved ones, they just do it. What is that number for you? Most people think logically and allow their current bank statements drive the answer to this question.

If you are ready to have the income you truly want, I want you to click on the link below so we can have a conversation about it. If you want something different, you have to be willing to change what you are doing.

8. If I could show you how to improve any of these areas in your life, would you dedicate a specific period of time each day to study and be coached?

I love this quote by Dr. Kenneth Blanchard, "There's a difference between being interested in creating the life you want and being committed; when you are interested, you do what's convenient; when you are committed, you do what it takes, accepting only results and not excuses."

The link below will take you to a page where you can schedule a free 30 minute consultation with me. There's no obligation with the call other than an open mind. Click below and take this step towards finally breaking through and creating the success you want.